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The Unyielding Steps of Jonathan: A Tale of Resilience

Jonathan Cadiz, a man with an unwavering love for exercise, found himself facing a challenge that was tailor-made for his passion – the Walker Tracker Challenge. To him, it was a no-brainer; it was an opportunity that beckoned him to push his limits, much like he did when preparing for a Jiu Jitsu competition. Little did he know that this challenge would become a testament to his commitment and unyielding perseverance.

Jonathan loves sport of all kinds, his colorful array of activities and hobbies revolve around athleticism, including rock climbing and cycling. However, during the Walker Tracker Challenge, his diversity in activities wasn't solely a matter of choice; it was a result of a series of injuries that threatened to derail his progress. But Jonathan was not one to back down from a challenge, he was determined, committed and resilient

Jonathan encountered a myriad of injuries – a calf strain from Jiu Jitsu, a shoulder tweak, and a troublesome knee. But instead of throwing in the towel, he adapted his training regimen to accommodate these setbacks. When his calf was acting up, he turned to cycling for a dose of cardio. When his shoulder protested, he diligently worked on his lower body strength in the gym. And when his knee gave him trouble, he returned to Jiu Jitsu, albeit with a more cautious approach. He also relied on walking to keep those step counts climbing.

Jonathan transformed ordinary activities into step-counting adventures. He strolled to restaurants, enthusiastically recommending Trattoria 360. He wandered through malls, explored antique shows, and scoured thrift shops, all the while adding steps to his tally. Along the way, he shared captivating pictures of his journeys, allowing others to vicariously experience the beauty he discovered. But the Walker Tracker Challenge did more than test Jonathan's physical endurance. It also bridged the gap between his work life and his passion for exercise. Through the challenge, he got to know his colleagues outside of the R&D department on a more personal level. One such revelation was about Tyler Hoffmeister, a colleague he had worked with regularly, who shared Jonathan's love for Jiu Jitsu. It was a serendipitous discovery brought about by the challenge.

The app was a platform Jonathan used well for connecting, learning, and appreciating the diverse interests and activities of others. Jonathan's story during the Walking Challenge became a testament to commitment and perseverance. He showed that no matter the hurdles or injuries, with determination and a touch of creativity, one could overcome anything. In the end, it wasn't just about walking; it was about walking together and sharing the experience along the way.

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Jonathan Cadiz in Action

