

# 2024

## EMPLOYEE BENEFITS CONTACT INFORMATION

# Pillars of Health

powered by pulmonx



For benefit questions, please contact the McGriff Employee Benefits Service Center:



Toll Free: 800-810-2363 (BENE), Options 2-2-1  
Email: [PulmonxBenefits@McGriff.com](mailto:PulmonxBenefits@McGriff.com)

**Reminder:** If you have a Life Event — such as marriage, divorce, legal separation, birth, adoption, spouse's loss of other coverage, dependent child reaching limiting age — you must notify Human Resources within 31 days of the event date.

Insurance Carrier	Phone #	Group #	Website
Medical: Cigna OA-20	866-494-2111	00651525	www.myCigna.com
Medical: Cigna PPO-15 / Cigna PPO-25	866-494-2111	00651525	www.myCigna.com
Medical: Cigna HDHP PPO	866-494-2111	00651525	www.myCigna.com
Medical: Kaiser Permanente HMO (CA Only)	800-464-4000	642421	www.kp.org
Medical: Kaiser Permanente HDHP HMO (CA Only)	800-464-4000	642421	www.kp.org
Dental: Cigna Dental PPO	800-244-6224	0651525	www.myCigna.com
Vision: Vision Service Plan (VSP) PPO	800-877-7195	30037800	www.vsp.com
Life and AD&D: Lincoln Financial Group	800-423-2765	10169385	www.lfg.com
Short Term Disability: Lincoln Financial Group	800-423-2765	10257535	www.lfg.com
Long Term Disability: Lincoln Financial Group	800-423-2765	10169386	www.lfg.com
HSA, FSA and Commuter Benefits: Igoe	800-633-8818		www.goigoe.com
Employee Assistance Program (EAP): Lincoln	888-628-4824	Username: LFGsupport Password: LFGsupport1	guidanceresources.com
Retirement 401(K): Empower Retirement	800-338-4015	370197-01	empowermyretirement.com