# Retail Pharmacy Directory.

Network that has CVS Pharmacy in it.

There are thousands of retail pharmacies in your network. They include national retail chains, local independent pharmacies, grocery stores and wholesale warehouse stores – all places where you may already shop. This is not a full list of in-network pharmacies.<sup>1</sup> You can log in to the **myCigna® App**<sup>2</sup> or **myCigna.com**® to find more. Or, go to **Cigna.com**<sup>®</sup> and click on "Find a Doctor" to search for pharmacies.

### About this network.

- Includes CVS Pharmacy<sup>®</sup> (and its affiliate pharmacies).
- *Does <u>not</u> include Walgreens® Pharmacy* (and its affiliate pharmacies).
- You can fill **30-day** and **90-day** supplies<sup>3</sup> at any in-network retail pharmacy, including CVS.
- You have the option to fill:

**90-day prescriptions for maintenance medications** through Express Scripts<sup>®</sup> Pharmacy, your home delivery pharmacy.<sup>4</sup>

**Specialty medications** through Accredo<sup>®</sup>, your specialty pharmacy.<sup>4</sup>



Rather have Walgreens in your network? Here's how to make the change.<sup>5</sup>

- By phone: Call customer service using the toll-free number on your Cigna Healthcare<sup>SM</sup> ID card. Let them know you'd like to change your pharmacy network.
- Online: When your new plan year starts, log in to the myCigna App or myCigna.com. Go to the profile page and follow the on-screen instructions.



Offered by: Cigna Health and Life Insurance Company or its affiliates. In Utah, plans are offered by Cigna Health and Life Insurance Company.

### **Retail pharmacy directory**

A ACME® Pharmacy Adams Drugs Alaco Discount Albertsons® Pharmacy Arete Pharmacy Arrow® Prescription Center AuBurn Pharmacy Aurora Pharmacy

Banner® Family Pharmacy Bartell Drugs® Bashas'® United Drug Baylor Scott and White Bel-Air® Pharmacy Bestcare Pharmacy Big Y® Pharmacy Bi-Lo Pharmacy Brookshire Brothers Brookshire Grocery Brookshire Pharmacy Broulims Pharmacy Burnham Drugs Buy Rite Drugs

Cash Wise® Pharmacy Central Pharmacy CHI Health Pharmacy Coborns Pharmacy Collier Drug Community Pharmacy Cornerstone Pharmacy Costco® Pharmacy CSC Community Cub® Pharmacy CVS Pharmacy (includes Target®) D D and W Pharmacy Discount Drug Marts Drug World E Eckerds Pharmacy Ehardt's Pharmacy El Rio Pharmacy Essentia F Fairview Pharmacy

Family Fare Pharmacy Family Pharmacy® Farmacia Food City Pharmacy Food City United Drug® Food Lion Pharmacy Fred's® Pharmacy Fresh Market Pharmacy Froedtert Pharmacy Fruth Pharmacy

## Gateway Pharmacy Genoa Healthcare® Pharmacy Giant® Discount Pharmacy Giant Eagle® Pharmacy Giant® Pharmacy Good Day Pharmacy Granite Pharmacy

**GuidePoint Pharmacy** н Hannaford<sup>®</sup> Brothers Harmons Pharmacy Harps<sup>™</sup> Pharmacy Hartig Drug Company Harveys<sup>®</sup> Pharmacy Hayat Pharmacy Heartland Pharmacy H-E-B Pharmacy Hen House<sup>®</sup> Pharmacy Henry Ford Medical Hi-School Pharmacy® Homeland Pharmacy HomeTown Pharmacy® Horton and Converse Pharmacy Hy-Vee<sup>®</sup> Pharmacy

Ingles Pharmacy Integris Pharmacy Intermountain® Pharmacy **K** Kelsey Pharmacy KHN Pharmacy Kinney Drugs® Klein's ShopRite Pharmacy Klingensmiths Pharmacy

Kmart Pharmacy Knight Drugs

Lewis Drug Lewis® Family Drug

### Retail pharmacy directory (cont.)

### M

Maceys® Pharmacy Marc's® Pharmacy Marshfield Clinic Pharmacy Martins® Pharmacy Mayo Clinic Pharmacy Medicap Pharmacy® Medicine Shoppe® Pharmacy Mega Drug Meijer Pharmacy Mercy Pharmacy Mills Pharmacy Mills Pharmacy Mizzou Pharmacy Mizzou Pharmacy

Nob Hill® Pharmacy NorthernLight Pharmacy NuCara® Pharmacy

### Osco® Drug Osco® Pharmacy P

Park Nicollet Pharmacy Patient First® Pavilions® Pharmacy PharMerica® PharMor Pharmacy® Polks Discount Drug Polks Drug PrescribeIT<sup>TM</sup> Rx Price Chopper® Pharmacy Pruetts Food Pharmacy Publix® Pharmacy

Raley's Drug Centers Raley's® Pharmacy Reasor's Pharmacy Ridleys Pharmacy Rite Aid® Pharmacy Rosauers Pharmacy **S** 

Safeway® Pharmacy Salida Pharmacy Sam's Club® Pharmacy Randalls® Pharmacy Save Mart Pharmacy Sav-On Pharmacy Schnucks® Pharmacy Shaws® Pharmacy Shop 'n Save Pharmacy ShopRite® Pharmacy Sterling Stop & Shop® Pharmacy Super Saver Pharmacy **T** 

Thompson Drug Three Bears Pharmacy Thrifty White Drug Times Pharmacy Tops® Pharmacy Total Care Pharmacy **U** United Pharmacy University of UT Pharmacy

Upstate Pharmacy Walmart® Pharmacy Wegmans® Pharmacy Weis Market Western Drug White Drugs Winn-Dixie® Pharmacy VG's Pharmacy Y Yokes Pharmacy

### Frequently Asked Questions (FAQs)

#### Q. Where can I fill a 30-day prescription?

**A.** You can use any retail pharmacy in your plan's network to fill a 30-day prescription.

#### Q. Where can I fill a 90-day prescription?

**A.** Not all plans offer coverage for 90-day supplies<sup>3</sup> filled at in-network retail pharmacies. Please check your plan materials to see what your plan covers. If your plan allows, you can also use Express Scripts<sup>®</sup> Pharmacy, your home delivery pharmacy, to fill a 90-day prescription.<sup>4</sup>

# Q. My plan allows 90-day fills at retail. Are there any benefits to filling a 90-day supply?

**A.** Yes. You'll make fewer trips to the pharmacy for refills. And you're more likely to stay healthy, because with a 90-day supply on-hand you're less likely to miss a dose.<sup>6</sup>

#### Q. Will I save money by filling a 90-day supply?

A. It depends on your plan. Log in to the myCignaApp or myCigna.com, or check your plan materials, to learn more about how your plan covers 90-day fills.

# Q. Do I need my doctor's approval to switch to a 90-day prescription?

**A.** Yes, you'll need a new prescription for a 90-day supply.

### Q. Are 90-day prescription fills for maintenance medications available through Express Scripts<sup>®</sup> Pharmacy?

A. Yes, as long as your plan allows.<sup>4</sup> Express Scripts<sup>®</sup> Pharmacy is a convenient option when you're taking a medication on a regular basis to treat an ongoing health condition. It's simple and safe, and saves you trips to the pharmacy. To learn more, go to Cigna.com/homedelivery.

- Easily order, manage, track and pay for your medications on your phone or online
- Standard shipping at no extra cost<sup>7</sup>
- Automatic refills or refill reminders<sup>8</sup>
- Fill up to a 90-day supply at one time
- Helpful pharmacists available 24/7
- Flexible payment options

Here are three easy ways to get started using home delivery:

I. Log in to the myCigna App or myCigna.com to move your prescription electronically. Click on the Prescriptions tab and select My Medications from the dropdown menu. Then click the button next to your medication name to move your prescription(s).

**2. Call your doctor's office.** Ask them to send a 90-day prescription (with refills)<sup>3</sup> electronically to Express Scripts<sup>®</sup> Home Delivery. Or,

**3. Call Express Scripts**<sup>®</sup> **Pharmacy at 800.835.3784.** They'll contact your doctor's office to help transfer your prescription. Have your Cigna Healthcare ID card, doctor's contact information and medication name(s) ready when you call.

**Q. Can Express Scripts® Pharmacy help transfer my current prescription from my local retail pharmacy? A.** Yes. Simply call 800.835.3784 and have your Cigna Healthcare ID card, doctor's contact information and medication name(s) ready when you call. Express Scripts® Pharmacy will do the rest.

# Q. Can I fill my specialty medication through Accredo?

**A.** Yes, as long as your plan allows.<sup>4</sup> Accredo's team of specialty-trained pharmacists and nurses will fill and ship your specialty medication to your home (or location of your choice).<sup>9</sup> They'll also provide you with the personalized care and support you need to manage your therapy – at no extra cost.

- Easily manage and track your medications on your phone or online
- Fast shipping, at no extra cost<sup>8</sup>
- Easy refills and free reminders
- 24/7 access to specialty-trained pharmacists and nurses
- Personalized care services such as training on how to administer your medication
- Help with applying for third-party copay assistance programs and other options

### Frequently Asked Questions (FAQs) (cont.)

To get started using Accredo, call **877.826.7657**, Monday–Friday, 7:00 am–10:00 pm CST and Saturdays, 7:00 am–4:00 pm CST. To learn more about Accredo, go to **Cigna.com/specialty**.

# Q. My pharmacy isn't in Cigna Healthcare's network. How do I switch to an in-network pharmacy?

**A.** Once you find an in-network pharmacy you'd like to use, here are two easy ways you can move your prescription:

- I. Call your doctor's office. Ask them to send your prescription electronically to your new pharmacy. Or,
- 2. If your prescription still has a refill available, ask the pharmacist at your new pharmacy to contact your current pharmacy to help transfer your prescription.

# Q. Does my pharmacy network have both CVS and Walgreens in it?

A. No. Your plan offers you the option to choose your pharmacy network — one that has CVS (and its affiliate pharmacies) in it or one that has Walgreens (and its affiliate pharmacies) in it. There's no network option that includes coverage at both CVS and Walgreens.

# Q. What's an "affiliate pharmacy" and what does this mean for my network options?

**A.** An "affiliate pharmacy" is typically a smaller pharmacy that's owned by, or financially connected to, another pharmacy (typically a larger pharmacy).

### Here's what this means for your network options: If you choose the network with CVS in it, your medication won't be covered<sup>10</sup> at Walgreens or any of its affiliate pharmacies. If you choose the network with Walgreens in it, your medication won't be covered<sup>10</sup> at CVS or any of its affiliate pharmacies. So, if you're using an affiliate pharmacy of CVS or Walgreens, you should think about the network that will work best for you.

# Q. How do I know which affiliate pharmacies belong to CVS and Walgreens?

**A. CVS' affiliate pharmacies include:** Longs Drugs, Navarro Discount Pharmacies, Target<sup>®</sup> and Wellness Works Pharmacy.

Walgreens' affiliate pharmacies include: Ava Drug, Baxter Drug, Broadwater Drug, Carthage Discount Drug, Center for Living Well Pharmacy, Charley McCool's Prescription, Community, Cox Drug, DFHC Pharmacy, Dominguez, Drug Warehouse, Duane Reade<sup>™</sup>, Employers Healthcare Center, Ferguson Drug, Forbes Pharmacy, Golden Health Pharmacy, Hapeth Prescription Shoppe, Happy Harry's, Health Care Center Pharmacy, Ken's Discount, Kerr Drug, Linn Drug, Living Well Health & Wellness Center, Mansfield Drug, May's Drug, Med-X, Murphy Drugs & Gifts, Overturf Pharmacy, Parkway Drugs, Pharmacy for Living Well, Pioneer Pharmacy, Seymour Pharmacy, Stanley, Super D Drug, Taylor's Discount Pharmacy, USA Drug and Worksite Pharmacy.

# Q. Why did you give me the pharmacy network with CVS in it?

**A.** We looked at your fill history. We put you in this network because you either used CVS more than Walgreens or, if you haven't used either of these two pharmacies, we put you in the network your plan picked or the one picked by the cardholder (plan's subscriber).

## Q. I don't use CVS or Walgreens. Can I still use my current pharmacy?

**A.** Yes, as long as your pharmacy is in your network. Your network has over 55,000 pharmacies\* in it, so you have many places to choose from. To learn more about your pharmacy network, log in to the **myCigna App** or **myCigna.com**.

#### Q. I want to change my pharmacy network so Walgreens is in it (instead of CVS). How do I do that?

**A.** You (and your covered family members) can only change your network **one time in a calendar year**. Any change you make will take place within 24 hours. Here are two ways you can change your network:

**I. By phone:** Call customer service using the toll-free number on your Cigna Healthcare ID card. Let them know you'd like to change your pharmacy network.

### Frequently Asked Questions (FAQs) (cont.)

**2. Online:** When your new plan year starts, log in to the **myCigna App** or **myCigna.com**. Go to the profile page and follow the on-screen instructions.

### Q. I use CVS, but my son uses Walgreens. Is that okay?

**A.** Yes. You and each of your covered family members have the option to choose the network that includes the major retail pharmacy chain you'd like to use, or use most often. So, you can choose the network with CVS in it, and your son can choose the one with Walgreens in it. You can each choose the network that's right for you.

# Q. Can I use an out-of-network pharmacy to fill my prescription?

**A.** To get the most from your plan's coverage, you should use an in-network pharmacy. However, if you choose to use an out-of-network pharmacy, here's what you need to know:

- If you don't have out-of-network pharmacy benefits, your plan won't cover the cost of any medications you fill at an out-of-network pharmacy. You can pay the pharmacy's retail cash price for your medication out-of-pocket, directly to the pharmacy. The cost can't be applied to your annual deductible or out-of-pocket maximum.
- If you have out-of-network pharmacy benefits, you can pay cash for your medication and ask your plan to pay you back your out-of-network cost-share.

\* Network as of April 2023. Subject to change.

1. There are thousands of pharmacies in this network — including other major retail pharmacy chains (besides Walgreens), local pharmacies, grocery stores and wholesale warehouse stores. To find an in-network pharmacy, log in to the **myCigna App** or **myCigna.com** and click on the Prescriptions tab; then choose Price a Medication from the dropdown menu.



- 2. App/online store terms and mobile phone carrier/data charges apply. Customers under age 13 (and/or their parent/guardian) will not be able to register at myCigna.com.
- 3. Not all plans offer coverage for 90-day supplies filled at in-network retail pharmacies. Please check your plan materials to see what your plan allows. Also, some medications aren't available in a 90-day supply and may only be packaged in lesser amounts. For example, three packages of oral contraceptives equal an 84-day supply. Even though it's not a "90-day supply," it's still considered a 90-day prescription.
- 4. Not all plans offer Express Scripts Pharmacy and Accredo as covered pharmacy options. Log in to the **myCigna App** or **myCigna.com**, or check your plan materials, to learn more about the pharmacies in your plan's network. Cigna Healthcare maintains an ownership interest in Express Scripts Pharmacy's home delivery services and Accredo's specialty pharmacy services. However, you have the right to fill prescriptions at any pharmacy in your plan's network. You won't be penalized regardless of where you fill your prescriptions.
- 5. You (and your covered family members) can only change your network one time in a calendar year. Any change you make will take place within 24 hours.
- 6. Internal Cigna Healthcare analysis performed 2021, utilizing Cigna Healthcare national book of business average medication adherence (customer adherent > 80% Proportion Days Covered), 90-day supply vs. those who received a 30-day supply taking antidiabetics, blood pressure medications and statins.
- 7. Standard shipping costs are included as part of your prescription plan.
- 8. Express Scripts Pharmacy can automatically refill certain medications. Log in to the **myCigna App** or **myCigna.com**, or call 800.835.3784, to sign up. You can also sign up to get emails and/or texts from Express Scripts Pharmacy. To get text messages, you'll have to sign up for Express Scripts' texting service. You can do this online or when you call 800.835.3784 to refill your prescription. Once you sign up, simply reply to their welcome text to get started. Standard text messaging rates apply.
- 9. As allowable by law. For medications administered by a health care provider, Accredo will ship the medication directly to your doctor's office.
- 10. Please check your plan materials to learn about your network coverage. If you don't have out-of-network pharmacy benefits, your plan won't cover the cost of any medications you fill at this pharmacy. You'll have to switch to an in-network pharmacy for your medication to be covered. If you have out-of-network pharmacy benefits, you can pay cash for your medication and ask your plan to pay you back your out-of-network cost-share. To do this, log in to the **myCigna App** or **myCigna.com** and fill out the online reimbursement form or go to the "Forms Center" and print out a Claims Form to mail to Cigna Healthcare.

#### Para obtener ayuda en español llame al número en su tarjeta de Cigna Healthcare.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna Healthcare representative.

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